



Oregon HOPELINE

Your connection to recovery

OregonHopeline.org
Call now: (833) 975-0505

We're here for you. 24 hours a day, 7 days a week

The Oregon Hopeline is a free and confidential statewide resource that can connect you to information, conduct Class E citation screenings, and refer you or a loved one to harm reduction, treatment, recovery, and supportive services.

When you call the Hopeline, our Peer Support Specialists can

- Assess your needs with simple questions
- Provide referrals to substance use harm reduction, treatment, recovery, and supportive services
- Complete the screening needed to waive a M110 fine
- Provide information and answer your questions about Substance Use Disorder (SUD), harm reduction, treatment, recovery, and M110 changes

Hopeline Features

- Always here for you: Trained and caring Peer Support Specialists can be reached 24 hours a day, 7 days a week, including holidays, by phone or by online chat
- Help in any language: The Hopeline has Spanish-speaking staff, and an interpreter service is available by phone to callers speaking any language
- Personalized referrals: Peer Support Specialists can refer callers to services based on location, age, dual-diagnosis, and more

We can connect you to the services that are right for you

Harm Reduction

These services keep people who use drugs, like fentanyl or alcohol, safe by offering non-judgmental care that improves their quality of life and health, prevents and manages injury and disease, and prevents fatal overdoses.

Treatment

Treatment for substance use disorder can look different for everyone. It may combine medical care with services that help you learn coping skills, and can take place in an inpatient or outpatient setting.

Recovery

Recovery looks different for everyone and it might include medication-assisted treatment, self-help or support groups, recovery coaching, or being part of recovery communities.

Other Services

In addition to substance use services, housing support, employment assistance, and food insecurity services are also available.

Measure 110

M110 decriminalized small amounts of certain drugs for personal use. It was amended in February of 2024, and beginning on September 1, 2024, possession of small amounts of drugs for personal use will be recriminalized.

Through August 31, 2024, if you are found with small amounts of drugs for personal use, you may receive a Class E citation that carries a fine of up to \$100. You can have this fine waived by completing a screening when you call the Hopeline within 45 days of receiving a Class E citation.

01. Call us at 833.975.0505. Our trained Hopeline Peer Support Specialists will provide a screening for substance use, mental health, and other supportive service referrals you might need.
02. Once the screening is complete, we will refer you to appropriate services.
03. We will email you a letter that confirms you have completed the screening. Send it to court to waive your fine.



If you would like a presentation or more information please contact **Kaycee Friend**

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